

# Contents

---

<b>Preface</b> . . . . .	1
<b>Chapter 1: The Counseling Role in School Psychology</b> . . . . .	3
<b>Chapter 2: Behavioral Approaches</b> . . . . .	25
<b>Chapter 3: Cognitive–Behavioral and Related Approaches</b> . . . . .	47
<b>Chapter 4: Choice Theory and Reality Therapy</b> . . . . .	65
<b>Chapter 5: Play-Based and Sandtray Approaches</b> . . . . .	79
<b>Chapter 6: Other Counseling Approaches</b> . . . . .	95
<b>Chapter 7: The Counseling Process</b> . . . . .	117
<b>Chapter 8: Working With Teams and Systems</b> . . . . .	133
<b>Chapter 9: The Consultation Role</b> . . . . .	149
<b>Chapter 10: Crisis Intervention, Grief, and Loss</b> . . . . .	171
<b>Chapter 11: Family System Issues</b> . . . . .	191
<b>Chapter 12: Substance Abuse, Delinquency, and Incarcerated Youth</b> . . . . .	215
<b>Appendix A: Web Resources</b> . . . . .	233
<b>Appendix B: Online Treatment Manuals</b> . . . . .	237
<b>Appendix C: Online Forms</b> . . . . .	239
<b>Index</b> . . . . .	241